

## Weighted Checklist

<b>Signs/symptoms</b>	<b>Physical signs</b>	<b>Behavior changes</b>
Brief, unexplained absences from the nursing unit Rounding at odd hours	Shakiness and or tremors Fatigue	Frequent mood changes Outburst of anger Defensiveness
Medication errors	Slurred speech	Inappropriate laughter
Isolation from peers	Frequent use of mouthwash or breath mints	Hyperactivity or hypoactivity
Mood changes after meals or breaks	Watery eyes	Lack of concentration Blackout periods
Frequent reports of lack of pain relief from assigned patients	Constricted/dilated pupils	Justify the addiction to “relax,” “need to escape reality
Narcotic or Pyxis obsession, offering to medicate co-workers patients	Diaphoresis	Cold weather clothing in warm weather to hide track marks
Wasted narcotics attributed to a single nurse	Unsteady gait	Frequent accidents or emergencies
Increased narcotic sign-outs	Frequent runny nose	Personal relationship issues
Discrepancies with the narcotic record and or the patient record	Frequent nausea, vomiting and diarrhea	Insomnia Frequent complaints of pain
Altered verbal or telephone medication orders	Weight gain or loss	Denial of problem Frequent lying
Decreased quality of care, documentation arriving late to work and requesting to leave early	Change in grooming	Decreased judgment in their own performance