Guidelines for treatment

Wound healing requires a team of experts working together with the patient to keep overall health optimal, cure the diabetic foot ulcer (DFU), and prevent amputations or secondary ulcerations. According to the 2016 Wound Healing Society (WHS) guidelines for treatment of DFU, deep cultures or a bone biopsy are necessary to confirm the type of bacteria present and identify the specific antibiotics necessary for treatment. WHS guidelines also include management of the total patient by maintaining consistent glucose control, improving nutrition for wound healing, and establishing tissue perfusion for oxygenation of the wound.