SSC hour-1 bundle

The goal of the Surviving Sepsis Campaign (SSC) hour-1 bundle is to begin resuscitation and management immediately.

1. Measure lactate level. Remeasure lactate if initial lactate elevated (> 2 mmol/L).
2. Obtain blood cultures before administering antibiotics.
3. Administer broad-spectrum antibiotics.
4. Begin rapid administration of 30 ml/kg crystalloid for hypotension or lactate > 4 mmol/L.
5. Apply vasopressors if hypotensive during or after fluid resuscitation to maintain a mean arterial pressure ≥ 65 mm Hg.

Bundle: SurvivingSepsis.org/Bundle Complete Guidelines: SurvivingSepsis.org/Guidelines