

# Resources for older adults

Raise awareness about older adults' vulnerability to the effects of climate change by recommending these self-assessment tools. Print out the information for patients who don't have access to the internet.

Organization	Resource	Website
American Association of Diabetes Educators	Diabetes emergency preparedness	<a href="https://diabeteseducator.org/living-with-diabetes/disaster-preparedness">diabeteseducator.org/living-with-diabetes/disaster-preparedness</a>
American Red Cross	Disaster preparedness for seniors by seniors	<a href="https://www.redcross.org/images/MEDIA_CustomProductCatalog/m4640086_Disaster_Preparedness_for_Srs-English.revised_7-09.pdf">redcross.org/images/MEDIA_CustomProductCatalog/m4640086_Disaster_Preparedness_for_Srs-English.revised_7-09.pdf</a>
Centers for Disease Control and Prevention	Emergency preparedness for older adults	<a href="https://www.cdc.gov/aging/emergency">cdc.gov/aging/emergency</a>
Environmental Protection Agency	Climate change and extreme heat: what you can do to prepare	<a href="https://www.epa.gov/sites/production/files/2016-10/documents/extreme-heat-guidebook.pdf">epa.gov/sites/production/files/2016-10/documents/extreme-heat-guidebook.pdf</a>
ReliefWeb	Humanitarian inclusion standards for older people and people with disabilities	<a href="https://reliefweb.int/report/world/humanitarian-inclusion-standards-older-people-and-people-disabilities">https://reliefweb.int/report/world/humanitarian-inclusion-standards-older-people-and-people-disabilities</a>
National Oceanic and Atmospheric Administration	U.S. climate resilience toolkit	<a href="https://www.toolkit.climate.gov">toolkit.climate.gov</a>
United Nations	Climate change toolkit	<a href="https://www.unhabitat.org/books/climate-change-toolkit">unhabitat.org/books/climate-change-toolkit</a>
United States Department of Health and Human Services	Primary protection: enhancing health care resilience for a changing climate	<a href="https://www.toolkit.climate.gov/sites/default/files/SCRHCFI%20Best%20Practices%20Report%20final2%202014%20Web.pdf">toolkit.climate.gov/sites/default/files/SCRHCFI%20Best%20Practices%20Report%20final2%202014%20Web.pdf</a>