

EBP Implementation Strategies Self-Efficacy Scale

Sharon Tucker, PhD, RN, Inga Zadvinskis, PhD, RN, Linda Connor, PhD, RN, & Lynn Gallagher-Ford, RN, PHD

Instructions:

The following 29 items describe **implementation strategies** that facilitate the implementation of evidence-based practices (EBPs). Using the scale of 0-100%, please rate your level of confidence in using each strategy to promote the successful adoption of an EBP. A score of 0 would indicate you have no confidence in your ability to use the strategy whereas a score of 100 indicates you are completely confident in your ability to use the strategy. Use this scale to gauge your confidence.

PICK ONE OF THESE NUMBERS AND WRITE/TYPE ON THE LINE NEXT TO EACH ITEM (MARK 0-100).

0	10	20	30	40	50	60	70	80	90	100	
Not Confident			Moderately Confident				Confident				

SELF-EFFICACY STEM

CONFIDENCE

I am THIS PERCENT confident that I can use the following implementation strategies to promote adoption of a practice where there is good solid evidence to achieve desirable patient outcomes.

1. Obtain leadership support for implementation of the EBP. _____ %
2. Build a team to promote and implement the EBP. _____ %
3. Assess local staff knowledge of the EBP. _____ %
4. Assess local staff attitudes of the EBP. _____ %
5. Link to organizational priorities/strategic plans to promote implementation of the EBP. _____ %
6. Create an implementation action plan for the EBP. _____ %
7. Highlight the key evidence including expected outcome of the EBP. _____ %
8. Obtain needed human resources for implementation of the EBP. _____ %
9. Obtain needed equipment and supplies for adoption of the EBP. _____ %
10. Mobilize needed EHR/EMR changes to facilitate implementation of the EBP. _____ %
11. Use standardized templates (e.g., standing orders, pre-printed order sets) to promote implementation of the EBP. _____ %
12. Develop a staff educational plan for the EBP. _____ %
13. Use creative strategies (e.g., pocket guides, fliers) to promote implementation of the EBP. _____ %
14. Educate inter-professional staff to promote implementation of the EBP. _____ %
15. Use mentors/facilitators to support implementation of the EBP. _____ %
16. Use informal unit leaders (expert or strong voice) to support implementation of the EBP. _____ %
17. Use early adopters to support implementation of the EBP. _____ %
18. Use peers to influence implementation of the EBP. _____ %
19. Pilot the practice change on one unit. _____ %
20. Engage patients/family members to adhere to the EBP. _____ %
21. Continuously monitor (audit) key actions related to implementation of the EBP. _____ %
22. Use visual reminders to maintain and encourage the EBP. _____ %
23. Provide feedback to clinical staff to promote implementation of the EBP. _____ %
24. Use inter-professional team daily communication to promote implementation of the EBP. _____ %
25. Report results to senior leaders. _____ %
26. Use unit management to promote implementation of the EBP. _____ %
27. Create unit dashboards for communicating results of the EBP implementation. _____ %
28. Celebrate and recognize program success in promoting implementation of the EBP. _____ %
29. Present outcomes internally and externally of the implementation of the EBP. _____ %